



SCIENCE IN 3 MINUTES FAMELAB TRIESTE 2026

FameLab is back in **Trieste**: the city will host the **local selection** of the international competition challenging young scientists with the talent of communication to tell in just **3 minutes** the object of his or her study, or a scientific topic they are interested in.

The selection will take place on Thursday **23 April 2026**, at 6 p.m. at Teatro Miela in Trieste. The event is free and open to the public.

Contestants will have to tell a scientific topic in a clear, engaging and understandable way, even for a non-expert audience. No projections, graphs or videos: at their disposal only 3 minutes and a handful of words, and their own communicative talent, to convince the jury and convey the fascination of scientific research.

Entries are due by **16 April 2026**, through online [registration form](#).

The top two winners of FameLab Trieste will receive a **cash prize** and take part in an international **masterclass**, scheduled to take place in Perugia this summer, followed by the national final competition.

The winner of the national competition will receive a **cash prize** and have access to the international competition in November, where he/she will compete against the winners from the other participating countries.

Stages of the competition

Formative meeting (Trieste, Monday 13 April 2026)

Where: Polo Giovani Toti – Via del Castello 1

When: 5:30-8:30 p.m.

A free workshop focused on content preparation and theatrical techniques to help aspiring contestants perfect their presentations. Donato Ramani, a science communicator from SISSA, will explore how to structure presentation content with an effective narrative framework, while actress Daniela Gattorno will emphasize key aspects of stage presence and voice use. All interested researchers who meet the registration requirements are welcome to participate.

To register: info@immaginarioscientifico.it

Local Competition (Trieste, Thursday 23 April 2026)

Where: Teatro Miela (Piazza Duca degli Abruzzi 3)

When: ore 6:00 p.m – 9 p.m.

During the local selection, participants have **3 minutes** to impress the judges. FameLab is looking for fascinating and engaging presentations that can be understood by a general audience. Candidates are allowed to bring one or more props that do not require set-up time. Video or image projections of any kind are not allowed.

Each competitor is asked to prepare 2 different presentations of 3 minutes each: one for the pre-selection and one for the final selection, in case they pass the pre-selection. At the end of the competition the jury will announce a first and a second place winner of the local competition: both will be admitted to the national competition.

FameLab Masterclass (Perugia, June 2026)

First and second place winners of all local selections will have the opportunity to participate in the FameLab Masterclass, a 2-3 days training event where professional science communicators will help participants to further develop their communication skills, in order to better prepare their presentations for the National Final event.

National Final Competition (Autumn 2026)

The Italian Final Competition will see the challenge between the winners of all 5 Italian local selections. At the end of the competition the jury will decide the winner of FameLab Italia 2026, who will participate in FameLab International.

Participation Requirements

1) Be part of one of the following three categories:

- Researchers or research fellows, at public or private research institutions
- Persons with a proven working relationship in the field of Research and Development with a public or private institution or company, and holding a Master's or single-cycle Degree
- Students in a Doctoral or Postgraduate school or post-degree Master

FameLab will accept competitors from the fields of Science, Medicine, Engineering, and Humanities fields (Anthropology, Archaeology, Economics, Geography, History, History of Art, Law, Literature, Linguistics, Philosophy, Political Science, Pedagogy, Psychology, Sociology) who adopt scientific methods, theories and data in their research, and who will talk about them in their talks.

2) Be born after 1 January 1991.

3) Not having reached the National Final or Masterclass in previous editions of FameLab, in Italy or abroad.

4) Not carrying out professional activities in the field of Communication or Science Communication (authors, writers, journalists, Science animators, museum guides). Individuals who are involved in study or research in scientific fields as their main activity and who marginally carry out Communication activities may be eligible.

The above requirements must be valid until the FameLab International Final Competition.

Applications will not be accepted from:

- Press officers or communication officers of scientific bodies or organisations
- Artists working on scientific topics
- Staff of museums or science centres who usually, or exclusively, work with the public
- Journalists or radio/TV announcers (who perform this task as their main, or exclusive, profession)
- Students of Masters or Specialisation schools in Science Communication and Science Journalism
- Primary and Secondary school teachers

Applicants may be of **any nationality** (for foreigners presentations may be held in English).

How to register

Fill in the [online form](#) by **Thursday 16 April 2026**.

Prizes

- **First place winner:** € 400,00, admission to the FameLab Masterclass, admission to the National Final Competition, admission as an auditor to a course of the [Master in Science Communication "Franco Prattico"](#) (SISSA, Trieste).
- **Second place winner:** € 200,00, admission to FameLab Masterclass and to National Final Competition.