



**ERASMUS+ PROGRAMME
SHORT-TERM MOBILITY FOR TRAINEESHIPS
CALL FOR APPLICATIONS
(Director's Decree n. 152 dated 23.02.2026)**

This call for applications, issued under the so-called “rolling basis” procedure, allows PhD students enrolled at SISSA to benefit from financial contributions provided by the National Agency INDIRE to carry out short-term traineeships abroad within the framework of the Erasmus+ programme. For long-term mobility (over 2 months), please refer to the call published with Decree No. 647 of 13.08.2024.

GENERAL INFORMATION

Art. 1 – WHAT IS ERASMUS+ TRAINEESHIP MOBILITY

The “Erasmus for Traineeship” action of the Erasmus+ programme allows students to undertake traineeships and/or thesis-related traineeships at enterprises, training and research centres, and higher education institutions located in one of the programme countries. It guarantees the recognition of the traineeship activity by the home institution.

Art. 2 – DURATION AND PERIOD OF THE STAY ABROAD

The eligible mobility period for traineeships ranges between **1 March 2026 and 31 July 2026**, with a minimum duration of **5 days** and a maximum duration of **30 days**.

Art. 3 – PARTICIPATING COUNTRIES

Erasmus+ Traineeship mobilities may be carried out in:

- Programme Countries (current EU Member States)
- EEA Countries: Iceland, Liechtenstein, Norway; candidate countries except Turkey
- “Partner” countries of Regions 13 and 14: Andorra, Monaco, San Marino, Vatican City, Faroe Islands, United Kingdom, and Switzerland
- Partner countries of Regions 1–12 (Eligible Countries – Erasmus+)

Art. 4 – FINANCIAL SUPPORT

Students who apply will be granted, until funds are exhausted, a **lump-sum financial contribution** as shown below:

DURATION	DAILY GRANT	ONE-OFF TOP-UP*
Short-term mobility of 5–14 days	€79.00	€150.00
Short-term mobility of 15–30 days	€56.00	€100.00

* Possible cases:

- participants with certified physical, mental, or health issues;
- participants with minor children;
- female students enrolled in STEM programmes.

Only PhD students undertaking short-term mobility in an EU Member State, a third country associated to the Programme, the United Kingdom, or Switzerland may receive **coverage of travel expenses** to reach the host institution (see table below). For travel reimbursement purposes, PhD students must submit travel documents within one week after the end of the mobility.

Distance (km)	Green Travel (e.g. train)	Non-Green Travel (e.g. plane/car)
500–1999	€417.00	€309.00
2000–2999	€535.00	€395.00
3000–3999	€785.00	€580.00
4000–7999	€1188.00	€1188.00
8000+	€1735.00	€1735.00

Art. 5 – HOST ORGANISATIONS

Applicants may freely choose the organisation where the traineeship will take place.

The host organisation may be a university, an enterprise, a research institute, a laboratory, an organisation, or any other suitable institution.

The following types of organisations are **not eligible** as host institutions:

- EU institutions and other EU bodies, including specialised agencies (complete list available at http://europa.eu/about-eu/institutions-bodies/index_en.htm);
 - organisations managing EU programmes.
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Art. 6 – INSURANCE COVERAGE

To participate in the mobility, students must be covered by health insurance provided by the Italian National Health Service.

Art. 7 – ELIGIBILITY REQUIREMENTS

Applicants must meet the following requirements:

- be regularly enrolled in a SISSA PhD programme and up to date with ARDiS fee payments (for candidates not yet enrolled in the academic year of the mobility at the time of application, enrolment will be verified before the start of the traineeship);
- not have already used the maximum number of Erasmus+ mobility months allowed for their study cycle (12 months total);
- maintain student status for the entire duration of the traineeship;
- hold an Erasmus+ Traineeship Letter of Intent (Annex 2), signed by the host institution, or an equivalent document;
- have at least a B1 level of English according to the CEFR.

Students who are beneficiaries of other EU-funded mobility grants overlapping (even partially) with the Erasmus+ traineeship period are **not eligible** for this grant.

Art. 8 – AVAILABLE BUDGET AND FINANCIAL CONTRIBUTION

Funds allocated by the National Agency (Project 2024-1-IT02-KA131-HED-000235731) are made available to SISSA students for both the short-term mobilities in this call and the long-term mobilities published with Decree No. 647 of 13.08.2024.

For mobilities in non-associated third countries, financial availability is limited to **20%** for each type of funding.

Art. 9 – APPLICATION PROCEDURE

To apply, students must complete the application form attached to this call (Annex 1).

The application must include:

- a) Erasmus+ traineeship proposal (see Annex 2)
- b) Host institution acceptance letter (Erasmus+ Traineeship Letter of Intent or similar) (see Annex 3)
- c) Approval letter from the supervisor

Applications must be submitted, complete with all attachments, to **phd@sissa.it**. Applications will be accepted until funds are exhausted and no later than **30 June 2026**.

Art. 10 – VERIFICATION OF REQUIREMENTS AND AWARDING OF GRANTS

The awarding of financial contributions, additional top-ups, and travel cost coverage is subject to verification of all requirements by the Didactic and Students' Secretariat and to the approval of the mobility by the PhD Course Coordinator through the "U-Web missioni" platform.

Art. 11 – INCOMPATIBILITIES

Students applying to this call may obtain one or more Erasmus+ grants for a total period not exceeding **12 months** over the entire PhD cycle.

The Erasmus+ contribution is **incompatible** with any other EU mobility funding (PON, FSE+, PNRR, ERC, etc.).

The Erasmus+ travel contribution is **incompatible** with SISSA's internal mission-expense regulations.

Art. 12 – RESPONSIBLE OFFICER

Pursuant to Art. 4 of Law No. 241 of 7 August 1990, the officer responsible for the procedure is Mr. **Riccardo Iancer**, Head of the Didactic and Students' Secretariat at SISSA.

Applicants may exercise the right of access to documents according to Articles 1 and 2 of Presidential Decree 352/1992. Requests must be addressed to SISSA's Director – Via Bonomea 265 – 34136 Trieste.

Art. 13 – FINAL PROVISIONS

The awarding of contributions will be made public in accordance with transparency regulations (Art. 26(2) and Art. 27 of Legislative Decree 33/2013). Pursuant to Art. 71 of Presidential Decree 445/2000, the Administration may carry out appropriate checks, including sample checks, whenever doubts arise about the truthfulness of any declarations.

In addition to criminal liability, providing false statements to the University results in automatic and non-appealable exclusion from the selection.

Art. 14 – PERSONAL DATA PROCESSING

Pursuant to Legislative Decree 196/2003 and GDPR Regulation (EU) 2016/679, all data provided to this Administration will be processed exclusively for purposes connected to the execution of the contract, in compliance with the applicable regulations.